



January—March 2015 The Twirler's Championships

nternational Chempionship

### **Twirl Mania** International **Championships**

February 12-15, 2016





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Lynne Hoover-Editor Twirlmania@aol.com or Ihoovertm@gmail.com

Disney's surprise Champagne toast and Cake for the Twirl Mania Championships Staff & 20th Anniversary plus presentation from Gina Hutchinsons to Joyce & Ralph.

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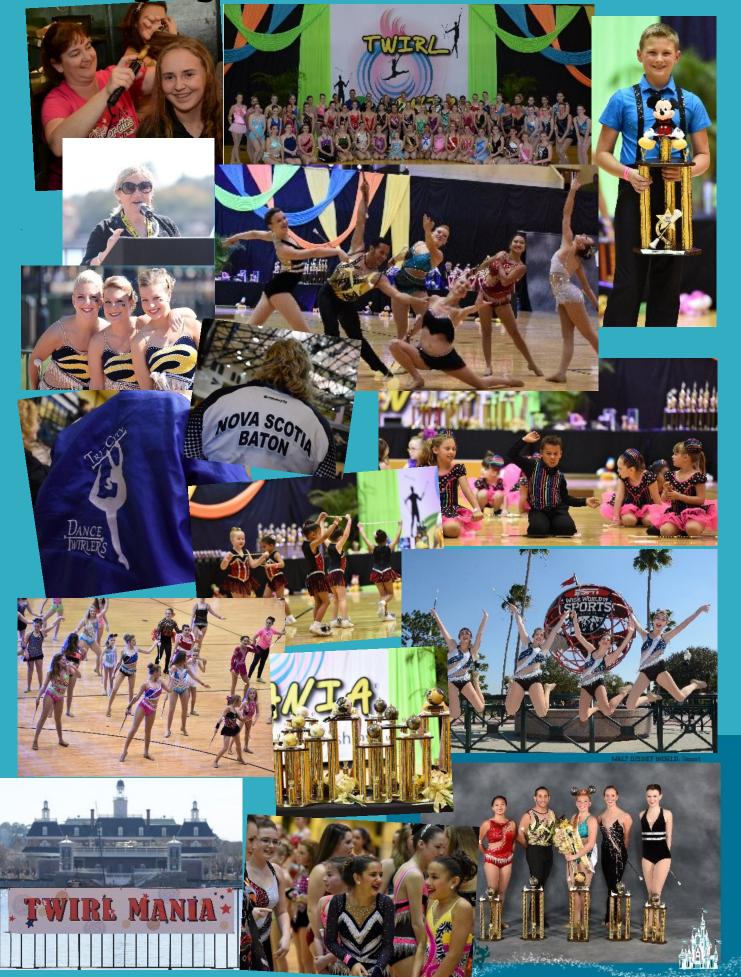
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### **Highlights from Twirl Mania 2015**



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### ...20 years ago

once upon a time Twirl Mania knew it wanted to be known as a UNIQUE **EVENT that was ABSOLUTELY OUTRAGEOUS, bringing** TWIRLING ATHLETES AND ORGANIZATIONS EVERYWHERE together for the first time in history and take the sport of baton **OVER THE TOP to the next level with Fun, Exposure, Excitement** in every aspect to promote the sport of baton twirling. We created this " **SPORTS IMAGE** " with the *Walt Disney* World<sup>®</sup> Resort, & ESPN Wide World of Sports Complex.

TWIRL MANIA is "UNIQUE" in the sport of twirling. We are EXCITED and PROUD to see so many NEW EVENTS using the Twirl Mania International Championships concept of incorporating all organizations, athletes, judges and Anyone that has ever held or had connection with the MAGICAL SILVER STICK!

This incredible, exciting, and unknown journey began 20 years ago. Challenges of finding the Best Location and Facilities, Time of the year, Exclusive Awards, the opportunity to provide world wide Championship events for team and soloists, Gold Invitational, Collegiate and HS Classics, Parades, Performances, Awards Extravaganza, Workshops, etc in the Walt Disney World®Theme Parks along with a variety of events to Promote the sport of baton to the public and gain it's rightful recognition as a Sport.

If you can imagine the combination of a gymnasts flexibility, the throwing accuracy of a quarterback, the astonishing jumping ability of a basketball player, the exquisite grace of a dancer, the precision of a golfer, the fastidious reception of a tight end football player, and the flawless skill of an ice skater all in one....while controlling a baton with the technical aspect of the sport as they perform the movements, you

have





### **UPCOMING EVENTS...**

Saturday, April 18, 2015

Athens, Ga ~ Candy Byrd Miller candybyrduga@yahoo.com





#### 1<sup>st</sup> Annual NBTA Las Vegas Twirling Classic

May 15<sup>th</sup> and 16<sup>th</sup> 2015 SPONSERED BY SOUTHERN CALIFORNIA TWIRLING TEACHERS AND JUDGES ASSOCIATION

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WFNBTA WORLD CHAMPIONSHIP TWIRLING AND MAJORETTES

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2015 Pawleys Island Beach Blast South Carolina State & Open Contest April 18, 2015 carolinamisses@gmail.com



<u> Main/Default.aspx</u>

2015 Louisiana State NBTA Championships and Miss Magnolia Classic April 25, 2015 Susan Jullens ~ susanjullens@gmail.com





2015 USTA FLORIDA STATE BATON TWIRLING CHAMPIONSHIPS May 2, 2015 Northwood University Twirlcanes@aol.com

**British Baton Twirling Federation** 

National Competition ~ May 23 25 2015 secretary@bbtf.org.uk 88TF





DMA's Tennessee State & Volunteer Regional April 11th Knoxville, TN <u>www.dmatwirl.org.</u>

NBTA Miss Majorette of Alabama – April 18, 2015 Wetumpka, AL

NBTA NY State Baton Championships April 18, 2015 ~ Arlington HS Lagrangeville, NY Go to http://www.active.com/event\_detail.cfm?event\_id=2137723

NBTA Miss Majorette of Florida April 25-26, 2015 Lake Nona HS Orlando Florida ~ Lynette Jankowski https://www.facebook.com/download/1532896406971751/2015%20Miss%20Majorette%20Program%

NBTA Miss Majorette of Ohio & Open Competition APRIL 25, 2015

Thomas Worthington HS, Worthington, OH twirlingbuckeyes@yahoo.com

DMA North Carolina State Championship & Valley Hills Regional Valdese, NC April 25th. Deadline April 6th. <u>www.dmatwirl.org.</u>

Miss Majorette of Maryland & Maryland States Contest May 9 & 10, 2015 – Registration Deadline is April 1, 2015

Miss Majorette of Virginia 2015 Saturday, May 9, 2015 Heritage High School in Newport News, Virginia

Miss Majorette of NH, Maine, and Vermont

May 16, 2015 ~ www.theredstarstwirlers.com

West Running Brook Middle School, Derry, NH

### **MORE UPCOMING EVENTS... Camps & Clinics**

University of Tennessee Twirling Camp–June 13-16, 2015 www.utbands.com/marching-band/majorettes/

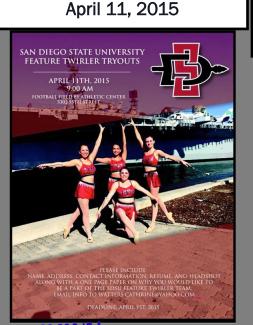
All Star Camp—Destin, FL—June 29—July 2, 2015

Contact Robyn McDowell Coley allstartwirlersflorida@gmail.com

Prep Clinic for High School/Collegiate Twirling Try-Outs April 12, 2015–Contact: tabkirsch@gmail.com

SuperStarz Baton Twirling Camp July 6-8, 2015–Conway, AZ Contact: jjtwrldnc@aol.com

### UPCOMING EVENTS... COLLEGIATE TRYOUTS



San Diego State University **Feature Twirler Tryouts** 

University of Pittsburgh Golden Girls Auditions Auditions will be held on March 29, 2015 at Bellefield Hall gym . Forms are due via mail by March 22, 2015. http://www.pittgoldengirls.com/

Florida Atlantic University Majorette & Color Guard Auditions http://www.fau.edu/marchingowls/Auxiliary.php April 4, 2015 Contact Jessica Hamilton on facebook





**Oregon State University Auditions** Questions: Kailey McKay at taylkail@onid.orst.edu





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Every dancer has those days where their muscles are sore from the day before and now they are back in rehearsal trying to lift their leg or arm and it feels like 100 pounds. Here are a few tools to help you recover but still staying in the studio...

Water is one of the most effective tools when healing sore muscles. After class you can be a bit dehydrated and drinking extra water can help keep you hydrated and flush out any lactic acid that has built up in your muscles.

\*A glass of low fat chocolate milk after your strenuous rehearsal can help the body to recover faster. This tasty treat gives your body the sugar it's missing, a little bit of protein, and some carbohydrates to allow your body to recover faster.

Massage, Massage, Massage! Allow yourself or a friend to massage those sore muscles.

Food is another great tool to help you recover. Make sure you are getting a balanced meal of lean proteins, carbohydrates and vegetables. Bananas, nuts, fruits, and veggies can go a long way in helping you feel better faster!

Even though it can be painful, make sure that you are warming up and stretching properly before and after class. Stretching extra might not feel great right away, but in the long run you will be glad you did!

Of course your biggest tool besides water is rest. Allow yourself to get a solid 8 hours of sleep at night and when you are out of class try to not do anything too strenuous.

### ANNOUNCEMENTS

ASU feature twirler Meredith Winnefeld landed her dream internship! She's working for the spring training home of the Arizona Diamondbacks and the Colorado Rockies. On her first day she was selected to be the "game day host." She talked to guests, played games, and help her fuzzy co-worker Dinger—all on the big screen at Salt River Fields in Scottsdale, AZ. Congratulations, Meredith!

### ENGAGEMENTS



Jacob Fahrenkrug proposed to Karrissa Wimberly at the 20th Twirl Mania International Championships Awards Celebration on February 15, 2015.



Congratulations

Holly Russell from Russell's All Stars got engaged in July 2014. A September 2015 wedding is planned.





88 days until I get to marry the man of my dreams in fabulous Las Vegas! Can't wait to begin my life as Mrs. Kellie Guinn.

Send your announcements to Ihoovertm@gmail.com





Congratulations to Captain & Mrs. Daniel Kohlmetz. They were married on 3/15/2015 at Disney's Shades of Green Resort!



### **GOOD LUCK**

#### At your Collegiate or High School auditions!

### ATTRACTIONS MAGAZINE coverage of the

**TWIRL MANIA INTERNATIONAL CHAMPIONSHIPS 2015** 

TM begins 7:45 into video





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#### Majorette Troupe to Compete in UK National Competition...

A majorette troupe will compete in the finals of a national competition after making it through a qualifying round.

Witham's Platinum Majorettes will head to the United Kingdom Federation of Majorettes finals.

Troupe leader Caroline Grogan said: "The girls were just ecstatic. They were so shocked, we all just started blubbing because we weren't expecting it."

Her co-leader Helen Yates said: "The girls

were completely chuffed to bits, it was brilliant. We did it not expecting anything but we came away with quite a few wins."

To qualify, the girls aged 4-17, did baton solos, duos and also a baton group routine.



#### Touch of Gold Baton and Flag Teams...

It's a grueling time for the Touch of Gold baton and flag teams in Curwensville, Pennsylvania – hours of practicing, making sure toes are pointed, batons are caught and smiles never waiver, at least for the few minutes while they're in routine. They look just like any other competitive group with their eyes on the gold, but what makes this team different is what you don't see.

Julie Benamati, founder and coach for the

Touch of Gold baton and flag teams, had a passion for baton twirling when she was young. Knowing how expensive lessons, uniforms and membership fees can be, Benamati decided to start her own group years later and make it affordable. "This is a year-round commitment," said Benamati. "Our kids don't just twirl during parade season in the summer, they twirl all year round." "All 30 kids, trying to keep them in line is a lot but I think it's really rewarding to be a coach," said Touch of Gold baton coach Katy Galimberti. Benamati started the group in 2002, but it wasn't until 2006 when she and her co-director Mike White decided to make their performances competitive.

"To watch them go out onto the floor and just perform their hearts out for the judges with the applause saying we did it," said White. They travel throughout Pennsylvania and surrounding states to compete. They even go as far away as Florida. All of it made possible through the contests they host. And while they have dozens of trophies and titles to prove their hard work is paying off, what these girls are really taking away has nothing to do with awards. "I was super shy when I was little, so my parents got me to join when I was little and I've learned to open up a lot," said Touch of Gold baton twirler Julie Stillman. "Performing in front of crowds was really nervewracking but I learned to get over my fear of being in front of people and it's fun," said Touch of Gold flag twirler Allison Hoover.



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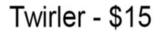


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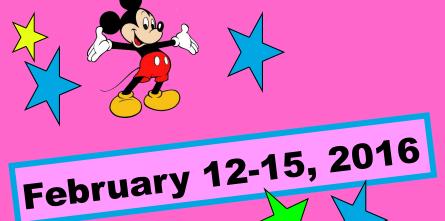




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**ICS** 

Stick

### Wheaton Twirl Team Aims High in NBTA World Competition

It's a typical March evening at the Discovery Sports Center in Germantown where every court inside



VIDEO: http://www.mymcmedia.org/wheaton-twirl-team-aims-high-in-world-competition-photos-video/

the complex has a pickup basketball game - all expect one court where about 20 baton twirlers are putting the finishing touches on

routines that are taking them to a world championship in Italy.

The Wheaton Dance Twirl team is heading to Lignano, Italy for the World Federation of National Baton Twirling Associations

championship in a few weeks. The group has qualified in several team level competitions and individual events.

Coach Annie Kennedy said the group has been working hard

to return to the world event - they qualified three years ago the last time it was held.



VIDEO

https://www.whiznews.com/content/news/local/2015/03/08/twirlers-unlimited-competition

TU Cancer Competition Fundraiser Dozens of dancers, baton twirlers and models gathered at Maysville High School Sunday to twirl for a cause.

Performers ages 3 to 18 participated in the Twirlers Unlimited Competition. Director, Pat Payne, who has been involved in the competition for 31 years, says many styles are entered each year.

"All kinds of twirling and all kinds of dancing, and we give refurnished trophies, my husband re-does the trophy's every year and there was a man this year who brought in 200 those will be used for next year," said Payne.

The American Cancer Society receives all money raised from Sunday's competition.

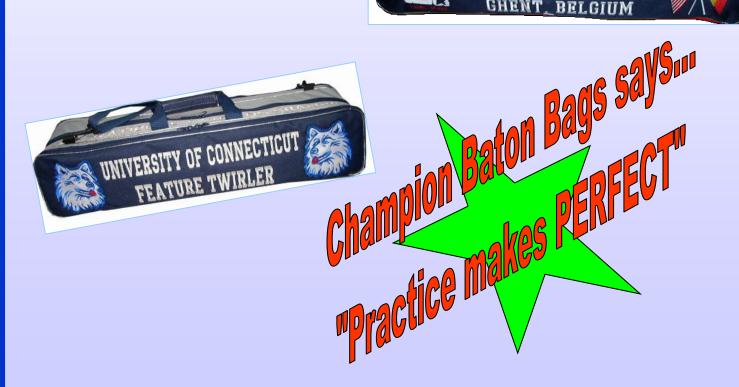




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### February 12-15, 2016

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### Please send in Arial font 11 with proper case.

### Photos should be in a .jpg format and identified with name (s) of person in photo. Information should be verified for authenticity.

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